



Dr Sagar Mal Juniwal's

APEX UNIVERSITY®

JAIPUR



FACULTY OF HEALTH & ALLIED SCIENCES

Department of Naturopathy & Yogic Sciences

Teaching Scheme Session 2023 - 2024

Program Name: P.G. Diploma in Yoga & Naturopathy

Course: P.G. Diploma in Yoga & Naturopathy

YEAR/SEMESTER: I/I

S. No.	Subject Code	Subject Title	Credit
		Theory Papers	
1	NY701101	Nature Cure, Health And Physical Education	4
2	NY701102	Elementary Anatomy, Physiology And Pathology	4
3	NY701103	Therapies Employed In Nature Cure	4
4	NY701104	Philosophy And Principles Of Yoga	4
5	NY701105	Socio-Cultural Dimensions Of Health And Diseases	4
Practical Papers			
1	NY701121	Elementary Anatomy, Physiology And Pathology	1
2	NY701122	Therapies Employed In Nature Cure	1
3	NY701123	Philosophy And Principles Of Yoga	3
4	SODECA	Social Outreach, Discipline & Extra Curricular Activities	1



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S. No.	Subject Code	Subject Title	Credit
		Theory Papers	
1	NY701201	Nutrition And Herbal Medicine	4
2	NY701202	Exercise, Massage And Reflex-Therapy And Teaching Method	4
3	NY701203	Diagnostic Methods And Management Of Diseases	4
4	NY701204	Mental Health And Physical Diseases	4
5	NY701205	Yoga Therapy	4
Practical Papers			
1	NY701221	Nutrition And Herbal Medicine	1
2	NY701222	Exercise, Massage And Reflex-Therapy And Teaching Method	1
3	NY701223	Diagnostic Methods And Management Of Diseases	1
4	NY701224	Mental Health And Physical Diseases	1
5	NY701225	Yoga Therapy	2
6	SODECA	Social Outreach, Discipline & Extra Curricular Activities	1